CREATING NEW WORK SPACES USING A TOTAL WORKER HEALTH (TWH) ADDROACH

Cristina Banks, PhD Interdisciplinary Center for Healthy Workplaces May 29, 2024 | 9 - 10 AM HST | 12 - 1 PM PT

Register: calaborlab.ucsf.edu/webinars

About the Webinar:

Work spaces are created everyday across the nation, either by remodel or new build. Typically, the design and construction of work spaces are conceptualized and executed almost exclusively by architect and construction firms, with little input from the future occupants (e.g., workers). This doesn't have to be the scenario occupants are faced with when architects and designers collaborate with TWH professionals on work space design. This presentation describes a new building project where health and well-being considerations were introduced at the very beginning and throughout the design planning process and occupants (academic, faculty, and staff) participated fully through the entire planning phase.

Learning Objectives:

At the completion of this activity, the learner will be able to:

- Identify major aspects of TWH that are related to work space design
- Incorporate TWH principles into work space design and layout to avoid negative health and well-being consequences
- Identify how TWH aspects can be incorporated into work space design and layout to promote occupant health and well-being
- Apply work analysis to learn how occupant needs can be translated into work space design requirements

Speaker:

Dr. Banks is Director of the Outreach Core for the California Labor Laboratory, a NIOSH Total Worker Health Center of Excellence at UCSF. She is also Director of the Interdisciplinary Center for Healthy Workplaces at UC Berkeley. For both entities, Dr. Banks leads the translation and dissemination of research into practice for the CA Labor Lab and collaboration with 20+ researchers and affiliates across multiple disciplines, integrating known sciences and practices underlying healthy workplaces.

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